TACTILE ELEMENTS
GREETING AND GENTLY TOUCHING each person as service begins
WIND from a fan as a reminder of Spirit’s presence, hand-held or electric
ANOINTING of hand/forehead with oil
LOTION can be rubbed on hands
ASPERSION blessing by sprinkling water with an evergreen branch as benediction
MISTING gently from a water bottle
WARM WASHCLOTH touched to forehead as a sign of cleansing
HOT STEAM TOWEL service as a sign of cleansing
TOUCHING of object involved in the lesson, such as water, rock, etc.
LAYING ON OF HANDS as participants receive a prayerful blessing. Depending on comfort level: gentle touch on arm, hand on head, shoulders, or embracing sides of head with hands
PLACING A ROBE on the newly baptized, symbol of being clothed with Christ
HAND WASHING OR FOOT WASHING ceremony [John 13], washing of hands for what you’ve done, washing of feet for where you’ve been, washing of face for how you’re known
SIGN OF THE CROSS MADE WITH WATER on forehead as a reminder of baptism
SIGN OF THE CROSS MADE WITH ASHES on forehead as a reminder of mortality, repentance

OLFAC TORY ELEMENTS
SCENTED ANOINTING OIL on hand/forehead
INCENSE as a reminder of God’s presence in the temple
SCENTED CANDLE for God’s presence
BAKING BREAD from portable bread-making machine
WINE brought to participants to smell
LOTION which can be rubbed on hands
PERFUME to signify our fragrant praise offering
SCENT OF FLAVORS (found in baking section) on cotton ball, kept airtight

GUSTATORY ELEMENTS
EUCHARIST, receive bread, juice; can be served to all as a taste of pablum with grape juice, or in the Russian Orthodox tradition of breaking the bread into the cup and spooning it into mouth
TASTES of honey, bitter herbs, and other illustrative flavors

SIGNS OF THE SACRAMENTS including font, table, cup, plate
BIBLE, visible when read
BOLD GESTURES AND SIGNS which will illuminate the text as it is read
ASH CROSS on forehead for repentance
STAINED-GLASS WINDOW (where available) as the object of instruction
A PROCESSION with banner at the front on appropriate days: Palm Sunday, All Saints, Good Friday. May include balloons, sunflowers, sparklers, trumpets, cross, etc.
AN ADVENT TREE to which an appropriate symbol/ornament is added each week
RAISED HANDS of the worship leader as the closing blessing is announced
DRAWN SIGNS such as a ‘happy face’ or a ‘sad face’ to be worn as worshipers participate in a liturgical drama
WRITTEN SIGNS to be worn as worshipers participate in a liturgical drama as various ‘characters: Hope, Sorrow, Promise, Rejection, etc.
PARTICIPANTS LEAD FROM THEIR WEAKNESS, leader explains that I.V. treatment is a metaphor for how the LORD feeds and strengthens; leader may explain the spiritual significance of humility behind a “bowed” posture if someone is bent over, etc.

MULTISENSORY WORSHIP IDEAS
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KINESTHETIC ELEMENTS

CLAPPING, with hands, feet, and eyes!
DANCE and expressive dance movements with arms or legs as able
PROCESSIONS to site of worship with banners, placards, wheelchairs, music, etc.
TRIPUDION step of humility, taking 3 forward and 1 back; also appropriate for wheelchairs
ORANS, uplifted hands as a gesture of prayer
RAISING OF THE EYES as praise or to ask for God's help
FOLDING OF HANDS symbolizes submission to God's will [Imagine God's hands around your own]
FOURFOLD MOVEMENT, when a four word response is required (i.e. "Lord hear our prayer")
GESTURAL LEADERSHIP, as congregation follows the leader's gestures (posture, arms, etc.)
PASSING THE PEACE with a handshake or hug as a sign of reconciliation
BREATHING "in" the Holy Spirit and breathing "out" the old stale air
STRIKING the breast in penitence
KNEELING in humility or penitence
PROSTRATION, laying face-down in humility, depravity (as some disabled folks demonstrate on their positioning equipment!)
MARKING the sign of the cross on one's body symbolizes belonging to God
OFFERING gifts by bringing them forward
POSITION wheelchairs or other chairs as in DaVinci's Last Supper, or other meaningful ways
CONGREGATIONAL DANCE by clasping arms at shoulder level and swaying, stepping
DRAMATIZING the "feeling" of a word by worshipers, such as "love" or "praise"
PREPARING THE WAY, participants may clear away clutter and obstacles from worship space to make the way to our hearts "accessible" for Christ
APPROACHING table to receive eucharist
WRITING of prayer requests, if able

AUDITORY ELEMENTS

GREETING each person by name
SACRING BELL calling those gathered to worship, or rung before scripture is read
SPEAKING THE NAMES of participants often (i.e. "God so loved the world, Helen, that he gave his only son, Richard..."))
TAPED MUSIC to which participants can join in song or with instruments
SUNG MUSIC, choruses or simple songs
HAND-HELD INSTRUMENTS, maracas, tambourine, bells, etc.
HEAD-HELD INSTRUMENTS, bells attached to a baseball cap
CLAPPING with hands or feet!
PASSING THE PEACE by name, "The peace of the Lord be with you, Nicky, and with your spirit."
READING of the word
RESPONSIVE READINGS which allow a congregation or assistant leader to participate with a simple response, "God's love lasts forever" (Psalm 136)
TAPED OR PHONE-LED LEADERSHIP by someone not able to get out to worship, such as the scripture reading
ANTHEMS which proclaim the word
BIDDING PRAYER, short petitions which may conclude with the leader saying, "Lord in your mercy" to which all respond "Hear our prayer."
MUSICAL ACCOMPANIMENT in the background of pastoral prayer if lengthy
SING 5-FOLD "AMEN" to conclude prayers
Silence of being still before God
GROAN for joy or for grief, allowing Holy Spirit to interpret our prayers

VISUAL ELEMENTS

COLORFUL BANNERS appropriate to the message, also use of simple symbols such as arrows pointing up or down
COLORFUL FLAGS to wave, or a tall pole bearing an inverted hanger strung with long ribbons
CLOTH DRAPE IN WORSHIP SPACE, red for Pentecost, etc.
STOLE AND PARAMENTS of season's liturgical color, also point out others present wearing color.
When celebrating the priesthood of all believers, crepe paper stoles for all!
WORSHIP PENDANTS, leader may wear large symbols such as bread, grapes, rock, fish, lightbulb, etc., explaining meaning
COLORED BANDANAS for all, worn around the neck, purple for Advent, etc.
SIGN LANGUAGE, sign a greeting, simple songs, prayers, Lord's prayer, benediction, etc. All participants may be invited to sign even a simple "Thank you", "I'm sorry", "Please", or "I love you" to God in prayer
GESTURAL LORD'S PRAYER with fewer and more simple gestures than American Sign
BRIGHT SATIN RIBBONS may be attached to hand-held instruments
COLORFUL SCARVES to wave during music
BALLOONS to celebrate baptism, or in color of liturgical season
BUBBLES blown in celebration!
FLOWERS as a sign of life
A DOVE hanging from the ceiling as reminder of the Spirit's presence
A CANDLE (when safe) as reminder of God's presence
SLIDES PROJECTED onto screen corresponding to each part of the service (i.e. bible, offering plate, praying hands)
LITURGICAL DANCE which illuminates text
SIGN OF THE CROSS which marks an individual as belonging to God
OBJECTS which lend themselves to the teaching: i.e. crown, wrapped gift, rock, etc.