Healthy Me
Pediatric Lifestyle Changes Program

Presents:

Celebrate YOU!
A Humorous Workshop for Children & their Families on Fun Ways to a Healthier You

Saturday, October 13 at 10 a.m.

Featuring: Janice Taylor
Ms. Taylor will use humor and work on crafts with children to make healthy changes fun.

★ Life and wellness coach
★ Self-help/weight loss artist
★ Author of Our Lady of Weight Loss
★ 50-pound weight-loss winner

Her mission: make healthy living fun and create balance and harmony in life.

Location:
Clinical Academic Building
Conference Center 1302
125 Paterson Street
New Brunswick, NJ

Fee:
$10 per family paid in advance
Light snacks and crafts will be provided.

Hosted by the Department of Pediatrics at
University of Medicine & Dentistry of New Jersey

For more information about Healthy ME call 732-235-6241 to speak with Andrea Berez, MS, RD
http://www.bmsch.org/medical_services/healthy-me.html

Registration Form

Name: ____________________________
Address: ____________________________
Telephone: ____________________________ Email: ____________________________
Number of: Adult(s) attending _____ Children attending. Children’s ages: ________________________

Mail completed registration form and check for $10 payable to:
UMDNJ-Robert Wood Johnson Medical School, Attn: Healthy ME Events, Karen Leibowitz, MD,
Child Health Institute of New Jersey, 89 French Street, Room 2207, New Brunswick, NJ 08901